



## **Counseling/Social Work/Support Resources for Students and Families: Archdiocese of Chicago**

### **Mental Health Professional Resources;**

Catholic Charities Counseling Services:

<http://www.catholiccharities.net/GetHelp/OurServices/Counseling.aspx>

Children's Advocacy Center Mental Health Resources:

<http://www.chicagocac.org/what-we-do/our-response-to-child-sexual-abuse/mental-health-services/>

De Paul Community Mental Health Services

<http://condor.depaul.edu/cmhc/>

DCFS Family Advocacy Centers throughout the state

<http://permanencyenhancementproject.org/wp-content/uploads/2013/04/FACdirectoryFY-13.pdf>

Erickson Center for Children and Families

<http://www.erikson.edu/center-children-families/>

Mercy Home Mental Health Services:

<http://www.mercyhome.org/mental-health-services>

### **Online Resources**

Controlling Parental Anger

<http://www.askdrsears.com/topics/parenting/discipline-behavior/parental-anger>

Calm Voices Calmer Kids

<http://www.childmind.org/en/posts/articles/2012-3-13-stop-yelling>

Establishing Discipline with your Child, Erickson Institute

<http://www.erikson.edu/wp-content/uploads/Discipline-Erikson-Center-for-Children-Families.pdf>

### **For additional resources, contact:**

**Tom Tharayil, LCSW, BCD**

**Director, Office of Assistance Ministry, Archdiocese of Chicago**

**312-534-8267**

[Ttharayil@archchicago.org](mailto:Ttharayil@archchicago.org)